

## THE HAWLEY RETAINER (PLASTIC RETAINER WITH WIRES)

### WEARING INSTRUCTIONS:

WEAR THE UPPER AND LOWER ALL THE TIME (INCLUDING BEDTIME).

WEAR YOUR RETAINERS LIKE THIS UNTIL THE DOCTOR TELLS YOU OTHERWISE.

REMOVE YOUR RETAINERS TO EAT AND PLAY ALL SPORTS.

KEEP RETAINERS OUT OF THE REACH OF PETS.

WHEN NOT WEARING YOUR RETAINER, ALWAYS PLACE THEM IN THE CASE PROVIDED.

### CLEANING INSTRUCTIONS:

BRUSH YOUR RETAINERS WITH A TOOTHBRUSH AND TOOTHPASTE AT LEAST ONCE A DAY.

YOU CAN SOAK YOUR RETAINERS IN LUKEWARM WATER WITH A COMMERCIAL DENTURE CLEANER. **DO NOT PLACE YOUR RETAINERS IN HOT WATER.**

YOU CAN SOAK YOUR RETAINERS IN MOUTHWASH.

A NEW PRODUCT CALLED "CLEANSE. FRESHEN. GO." HAS BEEN RECENTLY INTRODUCED. WE FEEL THIS PRODUCT IS SUPERIOR FOR CLEANING RETAINERS. IT COMES IN A WIPE AND A SPRAY FORM. THE WIPES ARE EASY TO USE, TRANSPORT, AND DO NOT REQUIRE WATER TO RINSE. THEY ARE AVAILABLE ON AMAZON.COM OR DIRECTLY FROM THE COMPANY @ [WWW.CLEANSEFRESHENGO.COM](http://WWW.CLEANSEFRESHENGO.COM)

PLEASE FEEL FREE TO CONTACT THE OFFICE IF YOU HAVE ANY QUESTIONS. 226-9579