

Westwalk Orthodontic Group, P.C.

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Orthodontic Emergencies

Problems may occur during your orthodontic treatment. You may be able to solve them temporarily, by yourself, until your regularly scheduled appointment. These problems need not cause delay in your treatment.

<u>Problem</u>	<u>Solution</u>
Loose Band or Bracket	If band or bracket is still attached to wire, leave in place. If uncomfortable, place wax on it.
Loose Wire	Try to place wire back in place with a tweezers. If this is not possible, clip wire with fingernail clippers behind the tooth to which it is securely attached. If any discomfort, place wax on it.
Poking Wire	Try to push sticking wire down with a spoon or Pencil eraser. If not possible, place wax on it.
Lose Tie, Wire or Elastic Tie	Notify us at <u>next</u> appointment.
Headgear does not fit	Sometimes caused by not wearing as prescribed. If face-bow is bent, call the office during regular office hours to schedule a headgear adjustment.
Soreness	Use warm salt water rinses, Advil or Tylenol as needed.
Loose Appliance	If appliance is sticking or poking, please wax on it. If uncomfortable, please call the office.

If you feel you are unable to handle a problem on your own, please call as soon as possible. Remember, absolutely no chewing gum, sticky or hard foods. Avoid chewing on pens, pencils, ice and fingernails.