

THE ESSIX RETAINER

WEARING INSTRUCTIONS:

- WEAR THE UPPER AND LOWER ALL THE TIME.
(ALSO AT BED TIME.)
- WEAR YOUR RETAINERS LIKE THIS UNTIL
THE DOCTOR TELLS YOU OTHERWISE.
- REMOVE TO EAT AND PLAY SPORTS.

CLEANING INSTRUCTIONS:

- YOU SHOULD SOAK YOUR RETAINERS IN
LIKE WARM WATER WITH A COMMERCIAL
DENTURE CLEANER.
- YOU CAN SOAK YOUR RETAINERS IN
MOUTHWASH
- DO NOT BRUSH YOUR RETAINERS WITH A
TOOTHBRUSH AND/OR TOOTHPASTE. THIS WILL
SCRATCH THE RETAINER, MAKING IT APPEAR
CLOUDY.
- A NEW PRODUCT CALLED "CLEANSE. FRESHEN. GO"
HAS BEEN RECENTLY INTRODUCED. WE FEEL THIS
PRODUCT IS SUPERIOR FOR CLEANING RETAINERS.
IT COMES IN A WIPE AND A SPRAY FORM. THE WIPES
ARE EASY TO USE, TRANSPORT, AND DO NOT REQUIRE
WATER TO RINSE. THEY ARE AVAILABLE ON
AMAZON.COM OR DIRECTLY FROM THE COMPANY @
WWW.CLEANSEFRESHENGO.COM